

High-Caffeine

Question 35: The passage could best be described as

- a) a narrative.
- b) an advertisement.
- c) a factual recount.
- d) an information report.

Question 36: Which ingredient in energy drinks is said to release energy from food?

- a) caffeine
- b) ginseng
- c) vitamin B
- d) ginkgo biloba

Question 37: The amount of sugar required in most energy drinks is

- a) sufficient.
- b) disputed.
- c) valuable.
- d) crucial.

Question 38: When caffeine is described as 'a double-edged sword' it implies that caffeine

- a) can double an athlete's performance.
- b) can increase the edge one athlete has over another.
- c) will make the performer dependent on caffeine.
- d) has both good and bad effects.

Question 39: The writer can be said to be

- a) advising readers of the value of energy drinks.
- b) discouraging the use of high-caffeine energy drinks.
- c) recommending the use of energy drinks.
- d) exposing differences in energy drinks.

Question 40: Which of the following is readily available in a healthy diet?

- a) sugar
- b) vitamin B
- c) caffeine
- d) proteins

Question 41: Herbal supplements in energy drinks

- a) have a harmful effect on some people.
- b) get better results than medicines or drugs.
- c) affect blood pressure and heart rate.
- d) are well supported by scientific evidence.