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Open and read ***High-caffeine energy drinks*** to answer questions 35 to 41.

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The passage could best be described as

a narrative.

an advertisement.

a factual recount.

an information report.

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Which ingredient in energy drinks is said to release energy from food?

- caffeine
- ginseng
- vitamin B
- ginkgo biloba

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The amount of sugar required in most energy drinks is

- sufficient.
- disputed.
- valuable.
- crucial.

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When caffeine is described as 'a double-edged sword' it implies that caffeine

can double an athlete's performance.

can increase the edge one athlete has over another.

will make the performer dependent on caffeine.

has both good and bad effects.

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The writer can be said to be

- advising readers of the value of energy drinks.
- discouraging the use of high-caffeine energy drinks.
- recommending the use of energy drinks.
- exposing differences in energy drinks.

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Which of the following is readily available in a healthy diet?

 sugar vitamin B caffeine proteins

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Herbal supplements in energy drinks

- have a harmful effect on some people.
- get better results than medicines or drugs.
- affect blood pressure and heart rate.
- are well supported by scientific evidence.

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